



COMMUNITY SPORT UPDATE

Happy New Year everybody, we are excited for what this year has in store for the final few months of the Community Sport Partnership project between the University of Hull and West Hull Rugby club.

Here is a recap of what we have done over the past two years...

We've organised and delivered bespoke strength and conditioning programmes for several teams on campus.

We've worked with West Hull first team who are undergoing numerous pre-season fitness tests.

Several teams at West Hull have had the opportunity to receive coaching by University staff and students on the multi-million pound facilities.

The club have had the opportunity to use the University facilities free of charge throughout the partnership.

Some of the U16s players are now sports leaders qualified.

The project has provided multiple student placement opportunities in sport rehabilitation, coaching, video analysis and teaching to work with all ages at West Hull.

We've arranged for West Hull Rugby club to use sport facilities whilst on tour in Australia, 2019.

There's been an organised CSP cup between the University of Hull and West Hull Rugby club.

We've provided adult fitness sessions at West Hull Rugby club.

The project helped form a partnership with the History Troupe which has delivered a range of cultural drama performances at West Hull.

We've organised and delivered bespoke half term and summer educational programmes for West Hull players across all ages.

University of Hull students have produced educational booklets for players when they have been on tour out of the UK to encourage continuous learning.

We've led and coordinated a Community Fun Day to launch the partnership of the Community Sport project.

We've assisted with recruitment from the University Talented Athlete Programme in to West Hull

There's visible marketing advertising the partnership both on social media and at the clubhouse.

We've established a homework club that is held at West Hull clubhouse organised and led by University students. This is for children in year 5 and 6 to help support them with their SATS.

WHAT'S NEW?

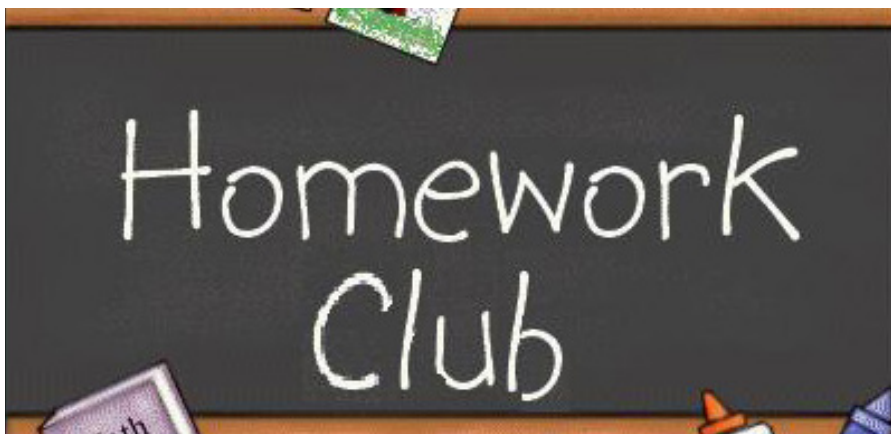


Charlotte Matthews, Wolfpack team manager:

West Hull Wolfpack next seasons under 13s will be travelling to Perth, Australia in February for an exciting opportunity to play 4 games of rugby against local teams. They have an action packed itinerary, which will see them learning about the Maori culture with special celebrations held for them by the Maori community that will include some of the parents playing in a one off Master's style game. A day in the life of an Australian Student where they will be able to attend a school for a day, a visit to Perth University with a tour of the campus and facilities, and of course plenty of rugby league.

The players and parents have worked hard all year to raise enough funds to be able to pay for the players, flights, accommodation, new specifically designed off field and playing kits. This will top off an excellent year for the young wolves winning the league, to be finalists in the Hull cup and playing in the semi-finals of the Yorkshire Cup in January. They are hoping the tour will top off not just a busy year but also a very successful one. They are also joined on the tour by West Hull A team and Under 18's players Kai Thorpe and Connor Matthews who will have opportunities to train and work with some of the Senior teams in Perth.

SATURDAY HOMEWORK CLUB



The Homework club has come on leaps and bounds from last year and now have a consistent group of amazing children who come every Saturday, dedication! The Homework club is specifically for students in year 6 who would like support with their schoolwork in English, Maths, Reading, Science in preparation for their SATS. The club takes place from 10-12pm at West Hull Rugby club house and is led by University students who ensure each week is fun and creative for the children. The club is free of charge so if your son or daughter would like more support preparing for their SATS, come along and see what we have planned this year. The Homework club starts again from the Saturday 12th January.

FEBRUARY HALF TERM

During the February half term, the University of Hull have produced a calendar of sessions for all players to get involved with that are all free of charge and transport is provided. Make sure you follow @CSPHull to see what sessions we have in planned. We will share the programme over the upcoming weeks.



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