



**UNIVERSITY
OF HULL**

DECEMBER 2017

COMMUNITY SPORT UPDATE

The University of Hull and West Hull Rugby Club are in partnership to create a new programme called the Community Sports project. The partnership will provide opportunities for both the University and West Hull ARLFC to raise the aspirations and future prospects of young people in the local area through participation in sport.

Each month we will publish a monthly newsletter to keep everybody up to date with the different sessions and events going ahead as a result of the community sports project.

**53 sessions
delivered so far,
with 503
attendances**

**1237 hours of
contact time**

OUR STORY SO FAR...

Club members have visited the University to learn more about a range of subjects on offer, These include philosophy, biomedical science, engineering, sports science and criminology.

With a £16 million investment into sporting facilities at The University, this will provide a versatile space for a variety of sports, meeting the rising demands of students and visiting sports teams.



FULL BODY WORKOUTS

Fancy mixing up your workout? So far we've hosted two full body workouts, if you'd like to take part in these, we'd love to hear from you! Let us know the days and times best for you as we want to choose a time convenient for as many people as possible!



HOMework CLUB

Every Saturday morning from 9:30am till 12:30pm, Heather Gardiner is hosting Saturday Homework Club! The club is held at West Hull Clubhouse and aims to help children in Year 6 with their reading, maths and science as well as preparing for their SATs. For more information or to book your child's place at our next session, email csp@hull.ac.uk

WHAT'S NEXT?

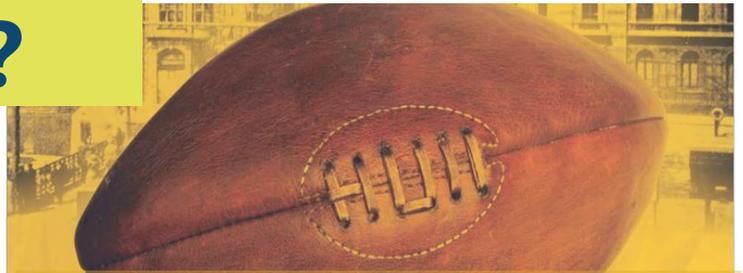
Tail For Two Cities

A story of Hull FC & Hull KR in words & song, the performance tells the story from 1860 to recent.

When? January 6th 19:30pm - 22:00pm

Where? West Hull Clubhouse

Tickets available from the The West Hull Clubhouse



A Tale of Two Cities
A story of Hull FC & Hull Kingston Rovers



**Chris Verity, West Hull U14's
Coach says...**

"Through our partnership with Hull University our players have been able access various events and learning opportunities which they have thoroughly enjoyed. We are currently taking advantage of the indoor training facilities provided by the University at St Mary's College. At this time of year, as the night's draw in, this indoor training has been invaluable for our preparations for our up and coming Yorkshire Cup competition. We have been able to do a variety of different training techniques and sports to keep the lads physically fit. Doing these different sports enables us to work on skills, communication and hand eye coordination, all of which help with playing Rugby League."

DID YOU KNOW?

The Community Sports Project is open to all families and children in Hull? To find out more about the project or to see what we have coming up, contact us!

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